



Western Isles Award for
Volunteering Excellence

For under 16's

volunteering

volunteering

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About the Award

The WAVE Award for under 16's, is a local award designed by the Volunteer Centre Western Isles. The award aims to recognise those Volunteers who show outstanding levels of commitment and dedication to their volunteering.

The WAVE Award is a new initiative open to all young people under the age of 16 with awards presented after 25 hours and 50 hours and 100 hours. The award is a positive recognition of the commitment and contribution made by young volunteers. As well as recognizing achievements, the award could be a valuable addition to your CV.

The award shows that there are skills and benefits to be learned through volunteering. Volunteers use their talents to build confidence, learn new, transferable skills, and have fun doing something that interests them and that they enjoy. The award promotes flexibility of volunteering and demonstrates that giving even a little of your time, whenever you can, can quickly build up and make a difference.

Participants have up to 2 years to complete the hours required and the awards are flexible and easily accessible to the volunteer.

At the Volunteer Centre we can help you gain this award by doing our best to provide you with a suitable volunteering opportunity in your area of interest, whether it is sport, music, buddying or looking after the environment.

You can get more information on the benefits of registering to receive the WAVE Award by contacting your local Volunteer Centre.

How to use this booklet

A photocopy will be taken of each of the completed forms so there is no need to remove any pages from the booklet.

Before you start the award you must contact your local Volunteer Centre. A member of staff will help you complete the registration form and help you find a placement that interests you. Once you have chosen a placement you will be supported to make contact with the organisation of your choice.

Before you start your chosen placement you must complete the Volunteer Plan and once this is completed you must get either the Volunteer Centre or your placement contact to sign the form.

You will also be issued timesheets. The timesheets must be kept up to date and signed by your placement contact each time you volunteer with your chosen organisation.

Contact details for your local Volunteer Centre:

95 Cromwell Street

Stornoway

Isle of Lewis

HS1 2DG

01851 700366, 01851 700380, stornoway@volunteeringwesternisles.co.uk

Registration Form: Personal Details

Name		
Address		
	Postcode	
Tel No:		
Email:		
Date of Birth		
Have you volunteered before?	Yes/No	
Do you have a disability?	Details	
Are you at school/College/Other?	Details	

I understand that my personal details will only be used by the Volunteer Centre staff in the processing of my Award and will not be disclosed to other parties without my express consent. I have read and agree to the Volunteer Centre data protection information sheet.

Signed:

Date:

Placement Details (If you volunteer with more than one organisation please complete this section for each organisation)

Organisation	
Volunteer Role	
Date Started	
Name of supervisor	
Supervisor contact tel. no.	

Organisation	
Volunteer Role	
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Volunteer Plan (you must complete your plan before starting your award).

What I Plan to Do. Please make a note of where you are volunteering and what you hope to do as a volunteer.

What I hope to Achieve for Myself. (Please tick any that apply)

- | | |
|--|-----------------------------------|
| Increased confidence | Want to improve the environment |
| Improved self esteem | Want to work within own community |
| Make new friends | Want to help others |
| Have Fun | Want to learn new skills |
| Want to keep busy | Addition to your CV |
| Want to do something different | Want to gain the Wave Award |
| Gain experience in working with others | |

How I Plan to Benefit Others (Please tick any that apply)

- | | |
|--------------------------------------|-----------------------------|
| Share my skills with others | To help others |
| Build up friendships with new people | Help the community |
| Help Provide a service | Other (please specify)..... |

What I will Give. This is your time commitment. For example. "I will volunteer 1 hour per week" "I will volunteer for 3 months "

Signed _____	Date _____
On behalf of organisation	
Signed _____	Date _____
Volunteer	

End of Placement report (to be completed when you complete your 100 hr award)

Please write a few sentences about your volunteering experience. Where did you volunteer? Did you enjoy the experience? Would you recommend volunteering to your friends? If so, why? Would you Volunteer again?